

Building Walls: Contemporary Solution to Problems

Everyone's solution to certain problems differs and varies from person to person, yet many people prefer to work out the issue on their own. Problems have always been part of society as a whole and people as individuals ever since humankind started evolving from its antecedent years. The issues concerning people as a group were solved by the government of that time, which consisted of the king, the emperor, or anyone who had the power to make decisions for the people of the city or state. To this day we see leaders of our countries make important choices that have an impact on all of us, just like people from that time could see the judgment of their ruler and observe the consequences of it. Upon witnessing the choices of other people and observing the aftereffects, when the time for us to make our own decisions comes we tend to choose by ourselves, building a wall around us as a complete rejection to any offer of help from someone else. By turning down other people, we believe that working out our problems won't just make our life easier, but it will also show our independence as an individual.

The choices alter between people because no person reacts the same as someone else. You won't find two people with identical personalities anywhere on this planet. Personality is what makes us different and is one of the main factors while making decisions. People full of pride always tend to work alone and build walls around themselves not because they're too afraid to ask for help, but because of their pride they preserve so much is in the way. Just simply because it will take a toll on their ego, looking dependent in front of someone is definitely out of question.

The contradictory group of people to the prideful ones are people who are too afraid to ask for help out of politeness. The fear of being a bother to someone gets in the way more than when just trying to come up with a solution to a problem. Rejecting and not asking out of fear or belief they are a nuisance, unfortunately, overweighs the confusion and internal pleads for help and they often end up solving their problems alone with an unwanted wall around them they had built themselves.

Seeking approval of others is also a very common occurrence that impacts a person's judgment. The people they are surrounded by having a specific view of them and they either hope to stay it that way or improve it to be seen as a better

person. To be seen as an independent individual isn't a bad thing and in that case, building walls around oneself is a choice they make. This reaction depends solely on the people they're surrounded with and even then, it is up to the person whether they will surround themselves with walls or not.

While we may seek approval in people in general, the support we get from our friends is the most important matter to us. Even though the choices we make may sometimes concern our friends as well, we stubbornly decline any offer of help in the belief that if we solve it by ourselves, we will gain the approval of our friends. Friends are supposed to be people we lean on in the hardest times, and even then we build walls around ourselves just to prove our independence and still try and gain their approval.

Friends are of the future and past, just like family. A family is a group of people affecting us the most. The household someone grew up in is their home, their supposed safe place, though it's not always the case. It solely depends on the parents and their approach to their child that decided how the child will grow out to be. People who are open about their problems are most likely to come from an honest, open, and loving family whereas closed and lonely people tend to come from a family that is not so open and in some cases without love. Those people tend to reject other people's offers of help solely because it's not something they were taught.

Not just oneself as a person, but also other people surrounding them have a great impact on whether the person will reject or accept the help of others while dealing with problems in their life. Personality, as well as behaviour of oneself and other people, affect each other and even though the problems may not cease to exist so quickly and it takes time to solve them properly, there will always be a hand that is extended to anyone that requires help and is not afraid to ask for it. It is important to remember that the walls we build around ourselves are not always needed and that sometimes it is easier to just accept the help of others than do everything alone.

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